SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES





The AGM is coming!

That's right! On **Friday, 21 September at 10a.m.** at the Shed, to be precise. At that meeting you will be invited to elect a new Management Committee. Nomination forms are available in the Office at the Shed, from the Website or in the email sent on Friday 24 August. Nominees and each of their nominators must be financial members of the



Sunnybank District Community Men's Shed Inc. Nominations close with the Secretary on Friday 7 September.

Please consider carefully if you would like to be nominated for a role or who you believe might serve us in this way. The positions are Chairman, Vice Chairman, Secretary, Treasurer, Shed Manager, OHS Officer & Assets Manager, Sponsorship & Fundraising Officer, Membership & Welfare Officer, Communication, Marketing & Media Officer, Social Activities Officer (including Bunnings Barbecues) and Projects Officer.

The AGM will be followed by a General Meeting where you will have an opportunity to vote on changes to bring our Rules up to date and you will have an opportunity to bring your suggestions and comments about the operation of the Shed. Both **Duncan Pegg (MLA Stretton)** and **Cr Kim Marx (Runcorn Ward)** will be attending. Be there and be involved!

Made at the Shed



Maurice facilitated manufacturing six specially designed computer desks to be used by Joseph and the other wheelchair-bound children at TADQ Banyo. Ken O welded the steel frames. Many of the Shedders did an excellent job making the table tops and finishing them off. Well done guys!



Brian D., Doug S., Con J. and Brian P. have been some of the men helping to create 88 000 poppies, one for each of the Australian men and women killed in both World Wars. In the last month they have made over 2 000 flowers. The YMCA is working on the rest. They will be used on Remembrance Day this year. Good work!

Hal Hal I was watching the London Marathon. I saw one runner dressed as a chicken and another dressed as an egg. I thought this could be interesting!

A cement mixer collided with a prison van. Motorists are asked to be on the lookout for 16 hardened criminals.

Colin C assisted Ken T to edit the September Edition. The New Logo is in use. Thanks for the design, Colin.

From The Committee

- For identification purposes, the rostered Shed \Rightarrow Supervisor will be wearing a red safety high vis vest. A copy of the July to December Supervisor Roster is on the Shed Noticeboard and on our website.
- Both new sheds are being insulated and lined. \Rightarrow It is recommended that the New Committee meet \Rightarrow
- on the third Friday of the month at the new time of 11.30 a.m. so that the shed functions better.
- The inaugural meeting of the Men's Shed Music \Rightarrow Group will be on Saturday 8 September from 11a.m. till 2 p.m. Welcome all music lovers!
- We have purchased a CNC Router and have ordered \Rightarrow a Mortise Machine for the Shed. Both should make life (and projects) a little easier.
- So far we have collected \$385 for the Drought \Rightarrow Appeal. It will all be passed on to Outback farmers.

Let Go of Clutter



Shelley from Rooms For Miracles had a chat on Friday 31 August about downsizing. When preparing your home for sale she suggested making three piles: donate, discard and keep. You can dispose of things at garage sales, online or a favourite charity. Some items hold emotional attachments. You must keep going back to your vision for the future. Contact her by phone on 0447 799 026 or email shelley@roomsformiracles.com.au.

DATES for 2018

Shed B-B-Q & Social Day - last Friday of the month - next one 28 September

Committee Meetings 3rd Friday each month September 21 (AGM also)



Michael Langham - Treasurer 3272 8085 Wyn Jones - Shed Manager 0412 043 795

Website: www.sunnybankshed.org Find us on Facebook - Sunnybank Men's Shed Location : Vehicle parking area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills Postal Address: Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109



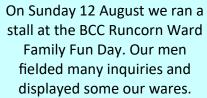
Sunnybank Men's Shed is the initiative of Sunnybank Uniting Church and Sunnybank RSL Sub Branch Shed News is printed by the office of Kim Marx, Councillor for Runcorn who proudly supports us.



Are You Aware?

September is Prostate Cancer Awareness Month and Prostate Cancer Foundation of Australia is asking Australia to get involved and help create awareness and raise the much-needed funds to help in the fight against prostate cancer. Prostate cancer is the most commonly diagnosed cancer in men in Australia with almost 20,000 diagnoses and close to 3,500 deaths each year. We encourage all men over 50 – or over 40 if you have a family history - to talk with your GP about your prostate health.





It was great to catch up with Peter E. and his wife when they visited from Biloela during August.



We ran a BBQ with help from Meals on Wheels at **Bunnings on Saturday 18** August. The raffle prize was one of our trains.



Some men from the Pimpama Men's Shed dropped by on Friday 24 August.

Call the Fire Brigade!

On SEPTEMBER 4th - Som P. 8th - John L. 13th - Peter R. 10th - Frank M. 14th - Brian S. 24th - John W. 26th - Paul M.

