

# SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED

## MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES



# SHED NEWS

## NOVEMBER 2019

### Special General Meeting

This will be held at the Shed on Friday 15 November at 10:30 a.m.

At this meeting we will elect a new Chairman. Also some minor amendments need to be made to our rules.

## Made at the Shed

All hands on deck at the moment to complete a number of projects.



Mike, Maurice and Michael are assembling a Chocolate Wheel for Bunnings Acacia Ridge.

Jeff, Ian and Terry are restoring a hall entry table.



Maurice, Ken and Greg have worked on a Grandmother Clock.



Brian and Maurice delivered cupboard doors to Calamvale Special School.



Peter and Michael painted the new trailer.

## Our Future

Our steering committee met with Graham Perrett, Duncan Pegg and Kim Marx on Thursday 10 October to look at possible sites. There was a meeting with the Uniting Church on Friday 25 October. Stay tuned!

There's been an explosion at a cheese factory in Paris. There's nothing left but de Brie.

**This bloke said to me, "I'm going to attack you with the neck of a guitar." I said: "Is that a fret?"**

I like to hold hands at the movies... which always seems to startle strangers.

# Shed Christmas Party



Put your name on the Whiteboard to secure your seat for lunch on Friday 29 November from 11:30 a.m. It's at Algester Sports Club. Old Chisel will be playing.

## Living Well Expo

Celebrate **INTERNATIONAL MEN'S DAY** on Tuesday 19 November at the Redland Bay Men's Shed. There will be various displays and presentations by many health and lifestyle groups.  
3 Donald Road, Redland Bay. Phone (07) 3134 0918

## Let's Take a Walk

\*Maintaining a healthy weight \* Improved self-esteem and mental health \*Preventing and managing diabetes, blood pressure and cholesterol \*Increased fitness and strength, and maintenance of bone density

**Heart Foundation Walking** is Australia's largest free walking network. They help you set up the walking group, promote the program and keep your walkers motivated.

Contact [siena.gamble@heartfoundation.org.au](mailto:siena.gamble@heartfoundation.org.au) or 07 3872 2523.

## From The Committee

- ☞ Help needed Bunnings BBQ on Saturday 16 November.
- ☞ Alan has the EFT up and running.
- ☞ Mike is replacing the batteries in our defibrillator.
- ☞ Are there any volunteers to clean out our Men's Shed Library?

## DATES for 2019

**SHED CHRISTMAS LUNCH**  
29 NOVEMBER - ALGESTER SPORTS CLUB

**Committee Meeting - 3rd Friday each month**  
**NOVEMBER 15 at 11:30 a.m.**

# CAN YOU GIVE US A HAND?

What happens to YOUR plastic milk bottle tops, soft drink tops and flat water-based tops?



The Envision Hands Project ([www.envision.org.au](http://www.envision.org.au)) recycles plastic bottle lids bound for landfill and turns them into colourful, super hero hands for children in need in Australia and around the world!

This project began in Victoria in 2018. At the beginning of this year they set themselves the epic goal of collecting one million bottle tops and turning them into 100 hands and arms by the end of 2019 but the bottle top goal has now been smashed.

Drop your plastic tops off in the Kitchen at the Shed.

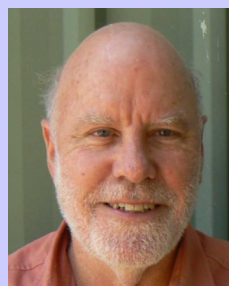


### On NOVEMBER

- 3rd-Ken S., 5th-Brett K.
- 6th-Chriss S., 8th-Warwick V.
- 20th-David L.
- 24th-Wyn J., Peter S.
- 25th-Kaissar N.
- 26th-Doug M.



## New Faces



**Murray D.**

**Hobbies:** Travel, Photography

**Previous Job:** Telecom Designer

**Recent Holiday:** Battlefields of France

**Contacts : Des Broom - Chairman 0407 018 037**

**Paul Michaels - Secretary 0437 718 513**

**Rob de Martin - Treasurer 0411 759 203**

**Wyn Jones - Shed Manager 0412 043 795**

**Website:** [www.sunnybankshed.org](http://www.sunnybankshed.org)

Find us on **Facebook** - Sunnybank Men's Shed

**Location :** Car park area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills

**Postal Address :** Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

**Sunnybank Men's Shed** is the initiative of **Sunnybank Uniting Church** and **Sunnybank RSL Sub Branch**

**Shed News** is printed by the office of **Kim Marx, Councillor for Runcorn**, who proudly supports us.

