

SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES



SHED NEWS

FEBRUARY 2021

Gratefully Received (and Given)

Maybe it was Christmas - the time for giving and receiving! Maybe generosity was just in the air! We were on the receiving end of 16 cans of Marine Varnish from Rolux Coatings at Kingston. THANK YOU!

AND, if that wasn't enough, how about a \$3000 Tool Trolley!

It was display stock generously donated by Sidchrome and Bunnings Compton Road. THANK YOU! In the Giving Department - our Shed was able to Pay It Forward with the gift of Metal Trucks and Cuddly Toys to Protais and Suranga from ARMI. They help Refugee Families settling into everyday life in Australia.



Got Any Ideas ?

Maurice is looking for any simple projects. Many men don't wish to use large woodworking machines but still want to be involved. Items made using sand paper, paint, hammer and nails, cordless drills, etc. would be ideal!

IT'S TIME TO PUT YOUR THINKING CAPS ON, MEN!

DON'T WAIT UNTIL SEPTEMBER (R U OK MONTH) TO ASK SOMEONE, "HOW ARE YOU DOING?"

If you feel like something's not quite the same with someone you know, there's something going on in their life or you notice a change in what they're doing or saying - trust that gut instinct and take the time to ask them "Are you OK?"

"Are You Blue ?"

By acting as 'eyes and ears' and reaching out to anyone who's going through a tough time we can show them they're supported and encourage them to access help sooner.

We can all make a difference in the lives of those who might be struggling by having regular, meaningful conversations about life's ups and downs.

Trust the Signs, Trust your Gut and ask, "Are you OK ?"

THESE DAYS - CHANGE IS THE ONLY CONSTANT!

DO WE HAVE YOUR CURRENT HEALTH DETAILS ?

So if your particulars have altered since joining the Shed, PLEASE see a Supervisor for a NEW MEDICAL FORM.

SHED SPONSOR

Have You heard of THE BUG GUY ?

12 MONTH SERVICE WARRANTY

General Treatment for **HOUSES** with Written Report - \$198

General Treatment for **UNITS** with Written Report - \$180

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RAY@BUGGUY.COM.AU

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IF THE BUGS COME BACK, SO DO WE!

Recycled and Re-Made

Here is Leah taking home a Church Pew. Rosie received a Mud Kitchen for her toddler before Christmas. Omah and Ken are only two who have worked on this Potting Bench (aka tall mud kitchen).



From a Shed Email - 10 April, 2020.

Thinking of Buying a Car?

QMSA has teamed up to offer their members a great deal. FLEET DISCOUNTS across all 15 brands - Subaru, Alfa Romeo, Honda, Jeep, Kia, Mitsubishi, Nissan, SsangYong, Ram, Fiat, Renault, Skoda, Suzuki, Chrysler & VW. This covers all types of vehicles from small to 4WD, from utility to commercial. TWELVE MONTHS FREE ROADSIDE ASSIST. UP TO 20% DISCOUNT on your COMPREHENSIVE INSURANCE. For more info., please contact Russ Hawksford on 0414 358 853.

From The Committee

- ☛ Our Shed has risen to 91 members.
- ☛ Refresher Courses on the use of some of our Power Tools will soon be available. You need a Buddy on most Saw Machines. See Wyn or Ted if you're not certain.
- ☛ Alan dB. will be holding classes on the CNC Router. See Rob J. to join in a group of three per class.
- ☛ We are looking into whether Temperature Checks are still required. Don't forget- \$3 Attendance Fee.
- ☛ We are updating our Shed Office computer.
- ☛ From recycling scrap metal from around the Shed we made just over \$100.
- ☛ Rob J. is making up a New Members' Welcome Booklet.
- ☛ Burt is getting quotes for an instant hot water system. For Smoko, remember BYO Cup.

Life at the Shed

Maurice is making more Comfort Crosses. Darryl is working on a Video Camera Controller Clipboard Holder. Brian & Paul are sanding off a Church Pew. Owen is making a Game Template.



DATES for 2021

Next Shed BBQ Day - a \$5 Lunch

Friday 26 February

Next Committee Meeting

Friday 19 February 10:30 a.m.



On FEBRUARY

5th-Jonathan A. 6th-Ian T.

7th-Peter Gr. 8th-Darryl E.

12th-Peter Go., Colin R.

28th-Ron B.

Contacts : Rob Johnson - President 0412 285 618 Rob de Martin - Treasurer 0411 759 203

Paul Michaels - Secretary 0437 718 513 Wyn Jones - Shed Manager 0412 043 795

Website: www.sunnybankshed.org Find us on **Facebook** - Sunnybank Men's Shed

Location : Car park area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills

Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

Sunnybank Men's Shed is the initiative of **Sunnybank Uniting Church** and **Sunnybank RSL Sub Branch**

Shed News is printed by the office of Kim Marx, Councillor for Runcorn, who proudly supports us.

