



SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED Inc.

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES

JUNE 2022 SHED NEWS

Presidents Report...

Fellow Shedders

As winter is now with us, let's hope that most of the wet weather is behind us and we can look forward to some fine sunny days for a change.

Arrangements have been made to hold a First Aid Training Day on Monday, 27 June, at the Pinelands Lions Hall in Nathan Road, Runcorn. The Shed has received grants to hold first aid training sessions, so there is no cost to individual attendees. If you are interested in participating in the session on 27 June, please write your name in the space provided on the white noticeboard and/or see Geoff Curtis who has taken over the course arrangements from Warwick. If space permits, partners will also be able to attend.



We are making the "Last Friday in June" a no-work morning, replacing it with games of various descriptions, such as cards, backgammon, chess, and darts. The Librarians from Sunnybank Hills Library will bring some of the brain-strengthening games and activities that they showed us when they gave their talk at the end of April. The idea of this arrangement is to strengthen comradeship and mental agility. The usual guest speaker and BBQ lunch arrangements will also go ahead as usual.

I have read in an article from AMSA that the Federal Department of Health has supported it and Men's Sheds for the past 12 years. In 2010, when this support commenced, there were less than 200 sheds Australia wide. Now, there are in excess of 1,170 Men's Sheds in Australia and over 3,000 sheds operating in 12 different countries around the world. AMSA noted that, without this great support, AMSA would not have been able to provide the required support and services to operating sheds and to communities trying to establish such sheds.

Our Shed has been given Saturday 18 June as the date for a Bunnings Fund-raising BBQ. A roster has been put on the white noticeboard, and I urge Members to support this venture. Recently, profits on such days have been good. Pinelands Lions Club needs some help with their fund-raising BBQ at Bunnings on Saturday 11th, as there are other Lions activities scheduled for that day that some of their members need to attend. If that Club gives us the use of their community Hall free of charge for our first-aid sessions, then I think we should help them when they need support. Let me know if you are willing to help (in shifts between 8am and 2pm) on Saturday 11th.

To help the South Moreton Presbytery of the Uniting Church as they work out what is happening with the Church building and grounds, we are mowing their grass using their equipment on an interim basis only. Doing this should put us in a good light when they consider our submission on a new lease. Your committee is preparing development and site plans for the next 10 or so years (which would provide for growth and improved facilities such as a new shed to enhance the look of the site).

ROB JOHNSON

President

END OF MONTH BBQ

**Last Friday of the Month
24TH JUNE**

FIRST AID COURSE

Due to Warwick V's wife's ongoing illness I have taken over the organisation of our first aid training.

It is the intention of the shed to pay for members to renew / obtain a First-Aid Certificate & C.P.R. Training in July.

The course will take place at the Lions Hall in Runcorn, on Monday, 27th June.

If you are interested please add your name on the shed white board, first in first served.

GEOFF C

PAUL'S CHAIR

Paul M has turned 5 metres of wooden planks into an aesthetic and functional dining chair.

It follows a design by Charles Brock which was strongly influenced by the legendary American furniture designer Sam Maloof whose work and life story can be seen on YouTube.

Paul says this was a prototype, undertaken with the assistance and advice of shed members Ted, Des and David, to test the unique joints and lines before taking it to the next level.



METAL SHED

Thanks to the coloperation of Tony W, Ken O'B & Owen L we now have a working metal shed. For a long time Ken was the sole worker in this shed, however since joining the shed Tony & Owen have joined Ken to create some interesting projects.

The equipment in the metal shed is either no existent or old so over time the shed committee, with the guidance of the metal workers, will try and equip the shed with suitable machinery etc.

Please make yourself familiar with the metal shop and work with the team to develop more metal projects. The metal work



team bring many skills and years of experience to our shed.

VALE

it is with deep sadness that we have to inform members of the passing of two shed contacts in recent times.

RICHARD MILLER passed away in Carramar Nursing Home, aged 84, sometime in the second week of May 2022 and we have just heard of his passing a day or so ago. Continuing to maintain contact with Richard over the past two years had been problematic with the frequent closure of Nursing Homes due to COVID and hence our inability to get in to see him.

Richard lived in Carramar Independent

Living, adjacent to the Shed before relocating to the Assisted Living section just prior to the COVID beginning. He was a long time member of our then Gardening Group and always maintained a friendly and congenial contact with the Shed's daily attenders. We offer our belated but sincere condolences to his daughter Bronwyn, other family and friends.

† † † † †

Another frequent visitor to our Shed was **JOHN MACKIE** who also lived in Carramar. John passed away in the week of 22nd May 2022 after having spent

some time in the Carramar Nursing Home following a deterioration in his health.

John, who wasn't a Shed member, frequently visited the Shed on Saturday mornings when Old Chisel were playing and was a devotee of the music of Slim Dusty. He would constantly encourage the members of Old Chisel to include a few of Slim's songs in their repertoire. Sorry John - it never happened.

We offer the sincere condolences of Shed Members to John's wife Nola who continues to be a resident in Carramar Independent Living.

HAYDEN WEIR

SHED MEMBER SELETED TO PLAY GOLF FOR QUEENSLAND



Shed member HAYDEN WEIR, has been selected to play golf for Queensland in The 2022 Special Olympics National Games, being held in Launceston, Tasmania from the 17th until the 21st of October.

Hayden is a 40 year old athlete who has played, not only Golf, but Futsal, Basketball, Soccer and Bocce as well. He is keenly interested in Fishing and Rubgy League, and is an avid Broncos supporter.

Hayden attends the Men's Shed, mainly on Saturdays when Old Chisel is playing, and has become a most necessary assistant to his step-father Sam Robinson, when it comes to setting up and packing away, the microphones, amplifiers and speakers required for Old Chisel jam sessions. Hayden also assists some of our senior members with the carrying of guitars, amps etc., to and from their vehicles.

Special Olympics is an international sporting organization, founded by Eunice Kennedy Schriver (sister of the late John Fitzgerald Kennedy, former President of the USA) for those with an intellectual disability. It is a wonderful organization, but like all charities, has difficulty in acquiring the funding it needs to fully support its travelling athletes.

Those attending the games are required to contribute to the overall costs, and Special Olympics has levied an amount of \$3,360 per athlete to be raised before travel can be undertaken. To enable this, Special Olympics has set up a web page to enable the safe collection of any funds donated.

If you would like to assist Hayden with a donation, big or small, please go to this web site and follow the instructions. Every dollar donated will support the Queensland team and Hayden in particular. Thank you for any support you feel you can offer.

The site is: <https://donate.nationalgames2022.com.au/s/166/162/e>

SHED WEBSITE

Is every one aware that Sunnybank District Community Men's Shed has a web site, www.sunnybankshed.org and a **facebook page** Sunnybank Men's Shed. Have a look at both these sites & add them to your favourites.

BUNNINGS BBQ FUNDRAISER

SUNNYBANK MEN'S SHED HAVE BEEN ALLOCATED SATURDAY 18TH JUNE FOR A BUNNINGS BBQ.

As usual we need 3 shifts. Please add your name to the list on the Shed white Board if you can help out. Rob J is the BBQ coordinator so speake to Rob if you have any questions.

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