



SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED Inc.

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES

JULY 2022 SHED NEWS

Presidents Report...

Winter Greetings to all Shedders,

As I write this column, I am in splendid isolation here at home because I recently tested positive for Covid. My wife also tested positive a couple of days after I did, and blames me for giving Covid to her. Thankfully, we are not too sick at all (mainly tired and lethargic) and are coping well. Covid and flu are now rampant in all parts of the community, so I urge Members to take good care of their health and observe the well accepted covid-safe strategies of regular hand-washing, sanitising, distancing and wearing masks when necessary.



Twenty-four attended our First Aid Training Day on Monday, 27 June, at the Pinelands Lions Hall in Nathan Road, Runcorn. The instructor was very good, relating well to us, and we all learned a lot about CPR, bandaging, stroke, the recovery position, the use of asthma sprays, and much much more. When another training session is arranged, I urge Members to take advantage of it as the information gained could be life-saving.

Our defibrillator failed its monthly check recently, and we are replacing it with the same kind that was demonstrated during our first aid course. It has an 8 year warranty.

Our "no-work morning" saw Members bring along various types of games, some known to most of us and some completely new. Darts was popular as were board games. Brain-improvement games were brought along by a staff member of Sunnybank Hills Library.

There has been no feedback received yet to our development and site plans for the next 10 or so years which we submitted to the South Moreton Presbytery of the Uniting Church. Our submission provided for growth and improved facilities such as a new shed to enhance the look of the footprint we are currently using. It is hoped we will receive some communication shortly.

Please remember that we are in a new financial year, and that membership fees are due. These can be paid by cash or eftpos to Treasurer Brian or the Day Supervisor.

ROB JOHNSON
President

1ST AID COURSE

After a wait of 12 months we finally had our Shed first aid course. The company we chose for the course was First Aid Accident & Emergency from the Gold Coast, we have used this company in the past & they did not disappoint. Twenty-four attended the Training Day on Monday, 27 June, at the Pinelands Lions Hall in Nathan Road, Runcorn. The instructor related well to us, and members learnt about CPR, bandaging, stroke, the recovery position, the use of asthma sprays, and much more.



GAMES DAY

Just to keep everyone interested it was decided that the last Friday of June would be a games day.

This was a great day bringing members together and out of the sheds. We played cards, drafts and darts as well as the normal coffee & Chat.

Sam R & David C provided some background music to set the mood.

A nice lunch was also provided & enjoyed.

Please give the committee feedback as to whether members would like this as a regular event.



VALE

Unfortunately we have had a passing of our great friend Jeff Kasper.

Jeff will be remembered by the Shed Honour Board that he constructed, Jeff also showed his wood working skills by inspiring other members to have a go.

Jeff will be sadly missed by his shed mates and we offer our condolences to the Kasper family

ANNUAL MEMBERSHIP DUE

Annual Shed membership is now due & payable.

Fees of \$40.00 p.a. are payable to any supervisors daily or through Treasurer Brian.

Make sure you receive a receipt on payment.

Payment can be made by Cash or Card.

BIRKDALE MENS SHED DINNER DANCE

Sunnybank Shed members have been invited to attend a Christmas in July dinner and night of music, fun and frivolity at The Birkdale Men's Shed on 23rd July at Redlands Sporting Club.

Please see attached for all the details & how to book (phone number is the last line of the ticket)

If there are sufficient numbers we may be able to hire a small bus & all go together.

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| Ticket No: 001 Cabaret Night <i>Christmas in July 2022</i> at Redlands Sporting Club |  Birkdale Community Men's Shed Inc. IA58107  Cabaret Night <i>Christmas in July 2022</i> at Redlands Sporting Club Functions Room - Anson Road Wellington Point Saturday 23rd July from 6.00 pm Entertainment on the night: Men's Shed Cabaret/Rock band, Two Combined Acoustic Folk and Ukulele Vocal Groups, Special presentation song set featuring an Erhu (Chinese Instrument), Lucky door prize, raffles and Arts & Craft on display Supper included alternate drop of: Lemon and Thyme marinated chicken, crispy potatoes, seasonal vegetables & 200grm Grain fed Rump, crispy potatoes, seasonal vegetables and gravy. A cash bar will be working Our Sponsors: Redlands Sporting Club, Redlands Foundation, Koala Graphix, M.C.'s for the night, Councillors: Paul Bishop & Wendy Boglary B.C.M.S. contact phone number: 0404 998 174 | Ticket No: 001 Tickets: \$25ea Ticket sales closing date: 11th July 2022 |
| Name: Phone: | | |

HAYDEN WEIR

SHED MEMBER SELETED TO PLAY GOLF FOR QUEENSLAND



Shed member **HAYDEN WEIR**, has been selected to play golf for Queensland in **The 2022 Special Olympics National Games**, being held in Launceston, Tasmania from the 17th until the 21st of October.

Hayden is a 40 year old athlete who has played, not only Golf, but Futsal, Basketball, Soccer and Bocce as well. He is keenly interested in Fishing and Rubgy League, and is an avid Broncos supporter.

Hayden attends the Men's Shed, mainly on Saturdays when Old Chisel is playing, and has become a most necessary assistant to his step-father Sam Robinson, when

it comes to setting up and packing away, the microphones, amplifiers and speakers required for Old Chisel jam sessions. Hayden also assists some of our senior members with the carrying of guitars, amps etc., to and from their vehicles.

SHED WEBSITE

Is every one aware that Sunnybank District Community Men's Shed has a web site, www.sunnybankshed.org and a **facebook page** Sunnybank Men's Shed. Have a look at both these sites & add them to your favourites.

END OF MONTH BBQ

**LAST FRIDAY
OF THE MONTH
29TH JULY**

SUPPORT OUR SUNNYBANK DISTRICT MEN'S SHED SUPPORTERS



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www.buggy.com.au



BUNNINGS ACACIA RIDGE
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JUST SHEDS WACOL
www.justsheds.com.au

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