

SUNNYBANK DISTRICT COMMUNITY MEN'S SHED

*Men Working Shoulder to Shoulder
Building Communities*

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FEBRUARY 2023 SHED NEWS

Presidents Report

Did you know that the Men's Shed movement has become one of the most powerful tools in addressing men's health and well-being, helping men to once again become valued & productive members of our community.

Relationship breakdown, retrenchment or early retirement from a job, loss of children following divorce, physical or mental illness are just some of the problems that men may find difficult to deal with on their own. Good health is based on many factors including feeling good about yourself, being productive, contributing to your community, connecting with friends and maintaining an active body and mind. Becoming a member of a Men's Shed provides a safe and busy environment where men can find many of these things in an atmosphere of old-fashioned mate-ship. And, importantly, there is no pressure. Over the next few months I hope we can offer our members some insight into men's health as we invite professionals to speak to us at our end-of-month morning tea. David W has agreed to be our Speaker Seeker

SHED PROJECTS

As each week passes we seem to have more & more projects for our members. Maurice M & Sam R do a great job in monitoring and organising the completion of the projects. Some projects are small & can be completed quickly by one person. Others are larger & require a team of workers over a number of weeks. A process for booking in projects and their completion has been developed and is available for all to read. It is important that the process is followed and ALL projects are known to Maurice & Sam. Currently we have a high number of projects to complete and we need as many members as possible participating.

SHED SUPPORTER

Mobile Computer Geeks

Mobile: 0478 825 434 or (07) 30637616

EMAIL: support@mobilecomputergeeks.com.au

MUSIC GROUP

“Old Chisel” 2.0

Plans have produced results, we have a core group to form a new band. An ad on Facebook attracted fourteen responses in just 24 hours. Follow up replies confirmed ten players interested in becoming involved so an initial session was promptly organised.

Despite the short notice, five attended the session. After playing through some song sheets and a free form jam, all agreed we play well together and the band was officially formed

The 4th Feb. the line up was boosted to seven for an enjoyable session including new songs and some creative impromptu instrumentals. The band is fortunate to have Sam R to manage the sound assisted with setting up by Hayden W.

Ron B handled the initial logistics of sourcing players and communications with help from Ian T of “Splinter” this function has now passed over to original “Old Chisel”, (& “Splinter”) member, Frank K. Sessions are first and third Saturday of the month, audience welcome. The new “Old Chisel” line up; Ron B, Michael C, Tim V, Graeme L, Theo H, Jeff B, Frank K.

UPDATE ON SOLAR ENERGY







The installation of our Solar System has been completed with 29 panels giving us a 13.4kw system. You may have noticed the inverter and electrical connection of the board at the back of the wood-work shed. The treasurer has made the final payment to Solarhart and Energex will replace our main meter box with-in a few weeks. Once this work is completed myself and treasurer Brian S will be briefed on the workings and process of the system. Under NO CIRCUMSTANCES are members to touch any of the IT system in the shed

GENERAL INFORMATION

END-OF-MONTH BBQ Friday February 24th **Help required to arrange food & BBQ (see Geoff C)**

It seems that our Shed location is not an ideal area for Wi Fi. To try to fix the problem we will be investing in another Modem and Antenna to see if it improves. Until further notice could members refrain from using the Sheds Wi Fi until the problem is resolved.

Members are also asked to refrain from attempting to fix any perceived problems with our I.T system and contact Brian S or David C instead.

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